

Inventory of Complicated Spiritual Grief (ICSG)

Please think about your loss of _____, and then read each statement carefully. Choose the answer that best describes how you have been feeling during the past 2 weeks including today. Please answer these based on how you actually feel, rather than what you believe you should feel.

Items	Not at all true	A little true	Somewhat true	Mostly true	Very definitely true
1) I don't understand why God has made it so hard for me.	1	2	3	4	5
2) I have withdrawn from my fellowship with other believers.	1	2	3	4	5
3) I go out of my way to avoid spiritual/ religious activities (e.g., prayer, worship, Bible reading).	1	2	3	4	5
4) I no longer feel safe and protected by God.	1	2	3	4	5
5) I find that spiritual/religious activities are not very fulfilling (e.g., prayer, worship, Bible reading)	1	2	3	4	5
6) I find it impossible to pray.	1	2	3	4	5
7) I struggle with accepting how a good God allows bad things to happen.	1	2	3	4	5
8) I find it difficult to surrender my life to God.	1	2	3	4	5
9) I don't feel as comforted by church fellowship as I used to.	1	2	3	4	5
10) I can't help feeling angry with God.	1	2	3	4	5
11) I don't feel very much like joining in fellowship to praise God or to glorify Him.	1	2	3	4	5
12) The strong guiding light of my faith has grown dim and I feel lost.	1	2	3	4	5
13) I'm confused as to why God would let this happen.	1	2	3	4	5
14) I have lost my desire to worship.	1	2	3	4	5
15) I find it impossible to worship.	1	2	3	4	5
16) I feel my loss is unfair.	1	2	3	4	5
17) I sense the absence of God more than I do the presence of God.	1	2	3	4	5
18) I am a faithful believer, so I don't understand why God did not protect me.	1	2	3	4	5

Note: A sum of all items can be taken to compute a total ICSG score. Likewise, items 1, 4, 7, 10, 13, 16, and 18 can be summed to compute the Insecurity with God subscale, and items 2, 3, 5, 6, 8, 9, 11, 12, 14, 15 and 17 can be summed to compute the Disruption in Religious Practice subscale.